Mrashamed

# Facilitated by Laura Gallier (LauraGallier.com) Sexual Ethics Conference | August 19, 2022

Created Sex
GENESIS 2:25, "Now the man and his wife were both naked, but they felt no shame."
"My Child Would Never" Syndrome.
Sweet kids make choices.
My kids are sexual beings; so are yours.
Most Associate Sex with
SHAME = "I'm disgusted with myself."
Shame is the automatic result of (Genesis 3:7)
Sex becomes associated with shame when:
<ol> <li>I have seen or done wrong.</li> <li>Wrong has been done to me.</li> </ol>
Sex is Meant to be Discussed in the Home – NOT a Taboo Topic
Biblical Conversations, not:

- \_\_\_\_\_
- Worldly wisdom
- One parent's job (if married)
- One time "event"
- Ashamed (hypocrisy)

## **God's Awesome Plan for Sex**

MATTHEW 19:4-6, "Haven't you read," he replied, "that at the beginning the Creator made them male and female, and said, 'For this reason a man will leave his father and mother and be joined to his wife, and the two will become one flesh'? So they are no longer two, but one. Therefore what God has joined together, let not man separate."

- A. Joined = glued to; no separating
- B. One flesh = sexual intercourse
- C. No longer two but one = one couple and family for life
- D. God has joined = God witnesses our vows and sexual union and seals our marriage
- E. Creator made them male and female = The reason God made male and female was so that a man would be joined to his wife and become a lasting family

# Why Marriage?

MALACHI 2:15-16(a), "Didn't the Lord make you one with your wife? In body and spirit you are his. And what does he want? <u>Godly children from your union</u>. So guard your heart; remain loyal to the wife of your youth. "For I hate divorce!" says the Lord, the God of Israel."

God's intention for marriage is to raise godly children.

God's	Plan for Sex and Family is Under Attack	C		
	Satan's weapon =	God's Weapon =		
	-	he beginning. He has always hated the truth, he lies, it is consistent with his character; for he is		
	JOHN 18:37, " the reason I was born and came into the world is to testify to the truth. Everyone on the side of truth listens to me."			
	JOHN 14:6, "I am the way, the truth, a	nd the life."		
How d	does Satan lie to us?			
	Celebrity influencers, TV shows and movies, songs/singers, popular peers/social media, older siblings poor examples, parents' unbiblical advice.			
Traffic	c Illustration			
	God's commandments are for our	·		
	What would happen to STD's / STI's if everyone followed God's plan?			
То Ве	Clear			
	God has a plan for sex a	and family based on biblical truth.		
	Satan has a	plan for sex and family based on cultural lies.		
	It's all about life-giving RELATIONSHIPS	5!		
A Lack	k of REAL Face Time			
	Ratio of screen time to face-to-face co	mmunication:		
	A lack of <u>undivided attention</u> causes ki	ds to:		
	- Feel lonely: Easy in-road for de	monic and human predators		

- Carry trauma of neglect: foster kids vs loving home (Dr. Dunkley)

Withdraw and disconnect from relationship: screen zombies

# **But Wait, About Premarital Abstinence...**

## Isn't premarital abstinence totally old fashioned and unrealistic?

<u>Don't confuse unpopular with unrealistic.</u> You have to set some really strong boundaries, but through Christ, it's doable. It was the social norm 50 years ago.

# My boyfriend/girlfriend and I love each other – that's all that matters.

Love is a feeling. Marriage is a sacred, lifelong commitment. Sticky notes vs. glue

## We're going to get married.

Great! But if your marriage is built on emotion or anything other than Christ, it won't stand the test of trials and temptations that are sure to come your way. Build your relationship on Christ *now* by honoring His will so your soon-coming marriage will be strong.

## But even married couples split up.

You're right – marriage in and of itself is not enough. We need *Christ-centered* marriages, built on biblical wisdom and persevering, sacrificial love. Two people who love Christ and live for Him will weather every storm!

# But we can't resist each other sexually.

Love is (1 Cor 13)... <u>patient</u> and sacrifices for the good of another. Lust is impatient and selfish, gratifies self at the expense of another. If you guys operate in lust, how will you resist other attractive people someday?

## What About Living Together?

Porn: Why so Tempting and Addicting?

There's a way that feels and seems right to us, but it ends in destruction (Prov. 14:12); as for God, His ways are perfect (Psalm 18:30).		
as likely to get divorced.		
Living together without the marital vow is taking the benefits of marriage without the commitment. Marriage is much more than a wedding! It's the exchanging of sacred vows before a holy God. Kids deserve parents who are committed for life.		

# Satan's Bait to Kill Sexual Fulfillment and Relational Intimacy – Coyote illustration

,		
Fish and Bait illustration	າ.	
It's	to want to look.	
Looking does very unn	tural, harmful things to the mind, body and spi	rit
Don't be the bait.		

Porn is a Coping Mechanism
Pornography creates addiction on a neurochemical level (dopamine flood).
Causes increasing depravity.
LOVELESS VIEW OF SEX
Damages (atrophies) the frontal lobe.
Becomes go-to pick-me-up.
Sabotages sexual performance &
Recovery IS possible (may have serious withdrawal symptoms).
RUINS MARITAL INTIMACY – DESTROYS FAMILY!
1 Corinthians 6:18, "Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body."
Pornography opens the door to demonic oppression in your life, whether Christian or not.
Getting Free—or Staying Free—From Porn
Be COMPLETELY honest with God and a person of faith about your struggle.
Identify triggers.
Don't just resist –
Depend on and ENJOY God like never before
ROMANS 6:6, "We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin."
GALATIANS 5:16, "Walk by the Spirit, and you will not gratify the desires of the flesh."
What if I see pornography? Instead of getting swept up, L.A.N.D. on your feet!
L – Look away.
A – Ask God for His help (grace).
N – Notify an adult.
<b>D</b> – Discuss with your parents.
Review / Foundation

Q: What d	oes God ultimately want from Christ-centered marriages?
A:	Christ-centered
Q: Who is	deeply threatened by this?
A:	·

Q: What is he out to do to God's plan for family?

A: Destroy it – by	it!
Q: What his weapon?	
A:	
Q: Who is the truth?	
A: .	

# Same-Sex Attraction / Homosexuality

"Homosexuality is never mentioned in the Bible."

Leviticus 18 (long list of "do nots") - vs. 22: Do not have sexual relations with a man as one does with a woman; that is <u>detestable</u>.

= abomination: disgusting, wicked, idolatry

"But that's the Old Testament – old rules that don't apply any more."

Just one New Testament example: Romans 1:26-27 ...Even their women exchanged natural sexual relations for unnatural ones. men also abandoned natural relations with women and were inflamed with lust for one another. Men committed indecent acts with other men and received in themselves the due penalty for their perversion.

## Same-Sex Attraction

# Are people born gay?

No. Attraction is heavily psychological. (18 months)

Why try so hard to prove this? (dangerous)

## Is homosexuality a choice?

The gay lifestyle is. Same-sex attraction might not be.

#### What causes same-sex attraction?

- Longing for parental affirmation.

MALES: Do I have what it takes to be a \_\_\_\_\_?

FEMALES: Am I lovely?

- Domineering/Passive Parental Situation
- Pornography
- Sexual abuse (unforgiveness)
- Experimentation / Fitting in
- Peer rejection and teasing (us vs. them)
- Parent desires opposite gender

## Who told you you're gay?

Beware of letting a temptation become your identity.

# Who told you that you were meant to be a different gender?

I feel that way. (Jeremiah 17:9 – The human heart is the most deceitful of all things and desperately wicked . . .") Also, Deuteronomy 22:5.

Do	gay	peop	le go	to	hel	١?
----	-----	------	-------	----	-----	----

who calls upon the name of the Lord shall be saved. Romans 10:13

Do not be deceived: neither the sexually immoral nor idolatrous, nor adulterers nor men who have sex with men... will inherit the kingdom of God. And that is what some of you were. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of God. 1 Corinthians 6:9, 11

# "How dare you lady! God loves me the way I am!"

I believe God loves you, but you don't.

God calls us out of darkness into His marvelous light. 1 Peter 2:9

Do you love God the way *He* is? (Rainbow)

Fear I \_\_\_\_\_ change vs refusal to change.

Come to God as you are; don't "create" a god as you are!

## **Avoiding or Getting Free from Homosexuality:**

- What's the \_\_\_\_\_ you're believing (root of the problem)? Must replace with the TRUTH. (Unforgiveness)
- Don't yoke up with others in the lifestyle.
- Make good same-gender friends.
- Stay away from pornography.
- Don't experiment.
- Pursue and love God.
- 100% transparency.

# How do I minister to a gay person? A friend who's sexually active? Etc.

Unsaved? Don't address his or her sexuality; share the Gospel.

Saved? Speak the truth in love (Eph. 4:15); own their decision.

## **Gender Identity:**

We cannot long to be another gender without first \_\_\_\_\_ our own.

Rejecting ourselves is not brave or liberating; it's cruel and depressing (aka, evil).

#### The Hypocrisy

Although there is no genetic (scientific) basis for same-sex attraction beyond psychology, we are told . . .

YOUR SEXUAL ORIENTATION (ATTRACTION) *CANNOT* CHANGE. (We'll make an exception if you're crossing over from heterosexual to homosexual.)

Although there is overwhelming, obvious genetic (scientific) basis for gender, we're told . . . YOUR GENDER *CAN* BE CHANGED based on your wants and desires.

Christ-Ruled	Self-Ruled
God made our bodies and designed us anatomically for sexual intimacy.	Our bodies and anatomical design are cosmic coincidences without purpose.
I want my sexuality to please God.	My sexuality is for pleasing myself.
Sex is spiritual and sacred.	Sex is just physical.
I look to God's Word to help me distinguish healthy versus unhealthy sex-related actions.	I decide what's healthy vs unhealthy; whatever action I desire, I can justify.
I am who <i>Christ</i> says I am.	I am who I say I am.

# What's the one thing you could do, and God and I wouldn't love you anymore?

# Parent Prayer with Teen...

Heavenly Father, thank You for Your glorious plan for sex and family. Please forgive us for any time we have disobeyed Your plan. Lord, we ask that you empower us as a family to learn and follow your will for sex and relationships. Begin by healing me of all sex-related shame and sin. I ask that you prepare my child's heart to live a sexually pure, unashamed life—one where he/she chooses obedience and blessings instead of rebellion and curses. Prepare my child to enter into a Christ-centered marriage covenant someday that will never be broken and will bring forth children who love and obey You as well. In Jesus' name, amen!

### **EVENT SPECIAL - TODAY ONLY!**

Receive 15% off ANY and ALL of Laura's digital resources and online courses: ENTER PROMO CODE: EVENT2022

Unashamed – Parent-Teen Purity Video Series

Blessed in the Bedroom – for Married Couples

Free to be Me – Freedom from Fear, Anxiety and Pain

Beginning the Path to Purity – Parent-Preteen Discussion Guide (Digital Download)

Do Not Look Inside This Book! – Preteens and up (Digital Download)

# **LAURA'S PODCAST!**



# Stay in Touch!

- **E-newslettter:** email info@lauragallier.com; subject line "Add Me" + First and Last Name
- YouTube
- Instagram
- Facebook
- Twitter

## PARENT-TEEN DISCUSSION QUESTIONS

- 1. How can certain sex-related decisions lead to shame? What kind of sex-related decisions lead to being unashamed?
- 2. Why does God want sex reserved for marriage?
  - (HINT: He desires that children have a mother and father who love God, love each other and love their children, modeling the love of Christ so that they can learn to love Christ. And it protects against many destructive outcomes).
- 3. What are some common lies young people tend to believe today about sex? Who is ultimately behind these lies? (HINT: Satan)
- 4. (a) What makes an image or video inappropriate or pornographic? (b) What are some harmful effects of viewing inappropriate and/or pornographic media?
- 5. If we come across pornography, how can we LAND on our feet? (HINT: Look away, Ask God for His help (grace), Notify an adult, Discuss with my parents)

- 6. True or False: (a) Homosexuality is never mentioned in the Bible? (b) A loving God would never forbid homosexuality. (Discuss the "why" behind your answers)
- 7. How is it a form of self-rejection to seek to be another gender? (HINT: We're rejecting our own God-given gender)
- 8. Do you have any sex-related questions or struggles in your life right now? I care. Please confide in me.
- 9. What's the one thing you could do, and God and I wouldn't love you anymore? (HINT: Nothing!!!!)